

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Adolf Pienaar**

Has successfully participated & completed the

15km Cowhouse Winter Trail Run 2017

held at Cowhouse Market.

## **TIME** 01:11:52

**PACE** 04:46/km **OVERALL** 4 of 54

GENDER 3 of 32 **OPEN** 3 of 16

outLime

Signature

29 July 2017, Sat

Date